

SAINT LOUIS PUBLIC SCHOOLS DIVISION OF HEALTH

HEALTH RESOURCE GUIDE FOR FAMILIES





"On behalf of Saint Louis Public Schools Health Services, we provide you with this resource. Our goal is to improve family health. We want our Parents/Guardians to know that your achievement of optimal health and care is very valuable to us."

- -Surilla Shaw, School Nurse Coordinator
- -Sara Dahms, School Nurse

OUR VISION

The objective of this project was to create a printed resource booklet that SLPS nurses can give to families when making a health care referral. The resource will guide families in seeking the appropriate level of care for follow up after an illness or injury of a child seen by the school nurse. It is also intended to facilitate relationships between SLPS Families and Primary Care Providers in the community to provide families with on-going access to resources for healthy child growth and development and comprehensive family healthcare services.

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HOSPITAL EMERGENCY

FOR LIFE-THREATENING **EMERGENCIES**ALWAYS **CALL 9-1-1** OR GO TO THE NEAREST

Hospital Emergency Department

Examples of conditions to be evaluated without delay in a hospital emergency department are: trouble breathing, loss of consciousness, loss of feeling or inability to move, severe chest pain, severe burns, seizures lasting more than 5 minutes, sudden weakness on one side of the body, sudden confusion, heavy bleeding, poisoning or overdose, suicidal thoughts:

Barnes-Jewish Hospital

- 4969 Barnes Hospital Plz. 63110
 St. Louis Children's Hospital
- #1 Children's Place 63110
 SSM Health Saint Louis University
- 3635 Vista Ave. 63110
 SSM Health Cardinal Glennon Children's Hospital 1465 S. Grand Blvd. 63104

URGENT CARE CENTERS

If your problem is not life-threatening or risking disability, and you are concerned but cannot see your regular provider soon enough, consider going to an urgent care center.

Urgent care centers are appropriate for treatment of common illnesses, such as colds, the flu, earaches, sore throats, migraines, low-grade fevers, and rashes, minor injuries, such as sprains, back pain, minor cuts and burns, or minor eye injuries

Hours and services may vary. Please call first for information about services provided, appointments, and payment for services.

Health Care For Kids

4055 Lindell St. Louis, MO 63108 (314) 535-7701 Primary Care, Urgent Care, Dental Care

Urgent Care- Monday-Thursday 3pm-7pm Friday 3pm-5pm Saturday 10am-4pm

North City Urgent Care

6113 Ridge Avenue, Saint Louis, MO 63133 (314) 932-1213 Monday - Friday: 10am-6pm Saturday and Sunday: CLOSED

Urgent Care for Kids

4100 Forest Park Ave, Ste 101A St. Louis, MO 63108 (314) 932-7333 Monday-Friday 4:30pm - 9:00pm Saturday-Sunday-Holidays 10:30am - 4pm

Affinia Urgent Medical Care

2220 Lemp Ave. 314-898-1782 Monday-Friday 8 am to 7 pm Saturday 9 am to 5 pm

Affinia Urgent Dental Care

1500 Park 314-898-1782 Monday - Friday 8:30 am to 5 pm

URGENT CARE CENTERS

Myrtle Hilliard Davis Comprehensive Health Center and Urgent Care

5471 Dr. Martin Luther King Dr. St. Louis, MO 63112 314-367-5820

Urgent Care- Monday-Thursday 3pm-7pm Friday 3pm-5pm

Saturday 10am-4pm

Comprehensive, Federally Qualified Health Centers

Serving the Uninsured, Underinsured, and Medically Underserved populations in the City of St. Louis

These centers accept Medicaid, Medicare, and Private Insurance and offer sliding scale fees and for those that qualify.

Affinia Healthcare (Formerly Grace Hill Health Centers) 63104, 63106, 63107, 63118, 63133, 63139

Adult and internal medicine, Audiology, Dental, Family Practice, Mental Health, Behavioral Health, Women's Health, Optometry, Pediatrics, Podiatry, Urgent Care, Lab, Pharmacy, Radiology

Betty Jean Kerr Peoples Health Centers 63108, 63112, 63143, 63033

URGENT CARE CENTERS

Behavioral Health, Women's Health, Pediatrics, Internal Medicine, Dental, Podiatry, Optometry, WIC, lab, pharmacy, radiology

Family Care Health Centers 63110, 63111

Adult Psychiatry, Child Psychology, Dental, Family Medicine, Internal Medicine, Women's Health, Pediatrics, Vision, WIC/Nutrition, Lab and Pharmacy, Interpretation services for patients who are Hispanic, Bosnaian, Vietnamese, and Somali.

Myrtle Hilliard Davis Comprehensive Health Centers 63112, 63113, 63115, 63120

Family Practice, Pediatrics, Internal Medicine, Women's Health, Behavioral Health, Podiatry, Ophthalmology, Dental, Chiropractic, Radiology, Pharmacy, Urgent Care (63112). Certified Application Counselors (CACs) to educate and enroll patients in health insurance plans are available by appointment.

Clinics and Comprehensive Health Center Locations by Zip Code

Hours and services may vary. Please call first for information about services provided, appointments, and payment for services.

63103

Casa de Salud 3200 Chouteau Ave. | (314)977-1250 Focus on New Hispanic Immigrants, healthcare for adults

63104

Affinia Healthcare; Soulard-Benton Health Center and Urgent Care 2220 Lemp Ave. | 314-898-1782

CLINICS & HEALTH CENTEI

Affinia Healthcare at The St. Louis Dental Center

1500 Park Ave | 314-898-1782 General, specialty, and urgent care dentistry

63106

Affinia Healthcare Murphy-O'Fallon Health Center 31717 Biddle Ave. | 314-814-8700

Community Health-in-Partnership Services (CHIPS) Health and wellness Center

2431 North Grand Blvd. | 314-652-9231 ext. 10 Primary Care, Specialty Care, Social Services

St. Louis Veteran's Administration Medical Center; John Cochran Division 915 North Grand Blvd | 314-652-4100

R LOCATIONS BY ZIP CODE

63107

Affinia Healthcare; Water Tower Site 4414 North Florissant Ave. | 314-898-1700

63108

Betty Jean Kerr People's Health Center; Lindell Site 4055 Lindell Blvd. | 314-535-7701

Health Care for Kids and Dental Care for Kids

4055 Lindell Blvd. | 314-535-7701 ext. 1 Primary Care, Dental Care, Urgent Care

Salam Free Clinic (Saturdays only), 916 N. Newstead | 314-521-5694

CLINICS & HEALTH CENTE

The SPOTSupporting Positive Opportunities with Teens

Serving13 to 24 years old.

Phone: (314) 535-0413

Web Site: the SPOT. wustl.edu

Address: 4169 Laclede Ave. St. Louis, MO 63108

Urgent Care for Kids

4100 Forest Park Ave, Ste 101A | 314-932-7333

63109

No health center in this zip code. Please see 63110, 63111, 63118, and 63104

63110

Family Care Health Center; Forest Park Southeast Site 4352 Manchester Ave. | 314-531-5444

R LOCATIONS BY ZIP CODE

Washington University in St. Louis School of Medicine; Saturday Neighborhood Health Clinic- At Family Care Health Center

A community service and Free clinic provided for the uninsured only. No appointments. Most Saturdays 9am-1pm. First 9 patients to arrive. Adult care only. No pediatric or dental care.

63111

Family Care Health Center; Corondelet Site 401 Holly Hills Ave. | 314-353-5190

63112

Betty Jean Kerr People's Health Center 5701 Delmar Blvd. | 314-367-7848

CLINICS & HEALTH CENTE

Myrtle Hilliard Davis Comprehensive Health Center and Urgent Care 5471 Dr. Martin Luther King Dr. 314-367-5820

63113

Myrtle Hilliard Davis; Homer G Phillips Health Center 2425 N. Whittier St. | 314-371-3100

St. Louis University School of Medicine; HealthResource Center

1408 N Kingshighway Blvd, Suite 213 (314) 389-0008 Specialty Clinics for Primary Care, Well Woman, Diabetes, Asthma and Allergies, Geriatric Care

R LOCATIONS BY ZIP CODE

63115

Myrtle Hilliard Davis; Pope Health Center 4500 Pope Ave. | 314-385-3990

63116

No clinic in this zip code. Please see 63110,63111, 63118, and 63104.

63118
Affinia Healthcare South (Hispanic Site)

3930 S. Broadway | 314-898-1700

63120

Myrtle Hilliard Davis; Florence Hill Health Center

5541 Riverview Blvd. | 314-389-4566

CLINICS & HEALTH CENTE

63139

No clinic in this zip code. Please see 63110, 63111, 63118, and 63104.

63113

Affinia Healthcare at the Midtown Service Treatment Center 2900 Washington Ave.

Adult Medicine, Community Health Assistance 314-898-1700

63147

No clinic in this zip code. Please see 63107, 63115, and 63120.

R LOCATIONS BY ZIP CODE

Alphabetical Listing of SLPS School Zip Codes

AFSM Middle at Loeverture - 63104

Adams Elementary - 63110

Ames Visual and Performing Arts Elementary - 63107

Ashland Elementary - 63115

Bryan Hill Elementary - 63107

Buder Elementary - 63109

Busch Middle School of Character - 63109

Carnahan High School of the Future - 63118

Carr Lane Visual and Performing Arts Middle – 63106

Carver Elementary – 63106

Central Visual and Performing Arts High - 63139

Clay Elementary – 63107

Cleveland Junior Naval ROTC Academy High - 63139

Clyde C Miller Career Academy High – 63106

Collegiate School of Medicine and Bioscience High - 63104

Columbia Elementary - 63106

Compton-Drew Investigative Learning Center Middle – 63110

Cote Brilliante Elementary - 63113

Dewey International Studies Elementary - 63139

Dunbar Elementary - 63106

ALPHABETICAL LISTING O

Fanning Middle - 63116

Farragut Elementary – 63107

Ford Elementary - 63112

Fresh Start at Sumner - 63113

Froebel Literacy Academy - 63118

Gateway Math, Science, and Technology Elementary - 63106

Gateway Math, Science, and Technology Middle - 63106

Gateway Michael Elementary - 63106

Gateway Science, Technology, Engineering, and Math High – 63110

Griscom - 63108

Hamilton Elementary - 63112

Herzog Elementary - 63147

Hickey Elementary - 63115

Hodgen College Bound Academy Elementary - 63104

Humboldt Academy of Higher Learning Elementary – 63104

Innovative Concept Academy @ Blewett - 63107

Jefferson Elementary School – 63106

Kennard Classical Junior Academy - 63139

Laclede Elementary - 63112

Langston Middle - 63112

Lexington Elementary - 63115

Long Middle - 63116

Lyon Academy at Blow - 63111

F SLPS SCHOOL ZIP CODES

Mallinckrodt Academy of Gifted Instruction Elementary – 63139

Mann Elementary School - 63116

Mason School of Academic and Cultural Literacy Elementary – 63139

McKinley Classical Leadership Academy High - 63104

McKinley Classical Leadership Academy Middle – 63104

Meramec Elementary - 63118

Metro Academic and Classical High – 63108

Monroe Elementary 63118

Mullanphy-Botanical Garden Investigative Learning Center – 63110

Nahed Chapman New American Academy - 63104

Nance Elementary – 63147

Northwest Academy of Law High - 63120

Nottingham Community Access and Job Training High – 63109

Oak Hill Elementary – 63116

Pamoja Preparatory Academy at Cole - 63108

Patrick Henry Downtown Academy Elementary – 63112

Peabody Elementary - 63104

Roosevelt High - 63118

Shaw Visual and Performing Arts Elementary – 63139

Shenandoah Elementary - 63104

Sigel Elementary – 63104

SLPS Therapeutic Support at Madison - 63104

Soldan International Studies High – 63108

Stix Early Childhood Center – 63110

Sumner High - 63113

Vashon High - 63106

Walbridge Elementary – 63120

Washington Montessori Elementary – 63113

Wilkinson Early Childhood Center at Roe – 63139

Woerner Elementary – 63116

Woodward Elementary - 63111

Yeatman-Liddell College Preparatory Middle – 63115

Other Health Referral Resources

Start Here; St. Louis Area Resource Directory

Startherestl.org agencies, shelters, employment resources, food pantries and other organizations throughout the St. Louis area.

United Way 2-1-1- Information & Referral:

Dial **211** or **800-427-4626 or visit** www.211missouri.org for critical health and human services, everyday needs, and in time of crisis. 24-hour, seven-days-a-week availability.

Health Resources, Medication Assistance, Counseling, Shelter, Food Pantries, Day Care

HEALTH REFERRAL RESOU

BHR- Behavioral Health Response

Youth Connection Helplines, Crisis

Hotlines, Suicide Intervention

(314) 469-6644, (800) 811-4760, TTY

(314) 469-3638

BJC Behavioral Health

1430 Olive, Suite 500

St. Louis, MO 63103

(314) 747-7491

Operation Food Search Emergency 24/7 Hunger Hotline (314) 726-5355

RSES

"ALIVE" (Alternatives to Living in Violent Environments) - Crisis Hotline (314) 993-2777

Safe Connections 24 Hour Crisis Helpline (314) 531-2003

Help with relationship violence and sexual assault

Women's Safe House 24 Hour Crisis Intervention Hotline (314)-772-4535

Youth in Need 24 Hour Help Line (636)-946-3771

Head Start, Counseling, Project Safe Place, Emergency Shelter, Teen Parents, Transitional Living, Foster Care and Adoption

HEALTH INSURANCE RESO

Gateway to Better Health

Healthcare program for adults who are uninsured and who are not eligible for Medicaid or Medicare. Apply at one of the following locations:

Betty Jean Kerr People's Health Centers (314) 367-7848

Family Care Health Centers (314) 531- 5444 | (314) 353-5190

Affinia Healthcare (Formerly Grace Hill) (314) 814-8700

Myrtle Hilliard Davis Comprehensive Health Centers (314) 367-5820

URCES

HealthCare.gov | (800) 318-2596

Web Site and Telephone Hotline for consumer questions and initiating the process of insurance.

Legal Services of Eastern Missouri (314) 534-4200

For information about your healthcare rights and responsibilities

MO HealthNet; Missouri's Medicaid Program (573) 751-3425 | www.dss.mo.gov/mhd

Low cost health insurance through Medicaid or CHIP (Children's Health Insurance Program)

OTHER HEALTH RESOURCE



PEDIATRIC HEARING EVALUATIONS, HEARING AIDS and Speech/Language Services at

اa ...

Affinia Healthcare

1717 Biddle Street

St. Louis, MO 63106

Call for an Appointment and More Information (314) 969-4710







IT'S OFFICIAL!!

Hopewell Center Children's Services are moving. Our new location will be **5647 Delmar Blvd**. (at the corner of Delmar and DeBaliviere)



Services will begin on Tuesday, April 25, 2017 with normal business hours 8:30 am - 5pm.

If you have any additional questions, please contact the

center at: (314) 531-1770

Our new location is just three blocks from our current location. It is easily accessible from St. Louis City with bus route number #90 (**Delmar**). It is also accessible from North St. Louis County with DeBaliviere Metrolink station.

MEDICATION AND HEALTH EQUIPMENT ASSISTANCE

The Partnership for Prescription Assistance (PPA)

Free, online service helps uninsured and underinsured patients find programs that provide prescription medicines for free or nearly free. www.pparx.org

St. Louis HELP (Health Equipment Lending Program) | (314) 567-4700

Wheelchairs, walkers, crutches, canes, portable commode, Shower chair